

SPORTS AND HEALTH PROGRAMS IN ERLANGEN

Campus Courses

The Siemens Sports and Recreation Center offers a variety of fitness courses at the Siemens Campus in Erlangen. In order to book these courses, you must first register as a member of the sports facility for administrative purposes. However, there is no annual fee for participating in courses at the campus, even after registering as a member of the sports center.

Once you sign up for a course, you will be able to use the basic amenities of the Sports and Recreation Center for free during the course period. Please ensure that your company ID is coded at the sports facility's office to grant you access. If you are already a member of the sports and recreation center, we will extend your access for the duration of the course.

Changing rooms are available at Siemenspromenade 3 / Ground Floor:

- Women's Changing Room / Shower
- Men's Changing Room / Shower

Please note that courses requiring registration are personal and cannot be transferred to others. We do not offer trial sessions.



Click on the underlined course name for a detailed course description

Course Name	Course ID	Dates	Time	Units	Level	Location	Fees
<u>After Work Pilates</u>	WI25-AWP-MI1700-1-HD-C	Wed, October 08, 2025 – February 18, 2026 (no class on December 24, December 31)	05:00-05:45 PM	18	B/A	Quiet Room 0.353.a, Siemenspromenade 3, ERL	€ 120.00
<u>Back Health</u>	WI25-RG-DO1215-1-HD-CC	Thu, October 09, 2025 – February 19, 2025 (no class on December 25, January 01)	12:15-12:45 PM	18	B/A	Quiet Room 0.353.a, Siemenspromenade 3, ERL	€ 90.00