

SPORTS AND HEALTH PROGRAMS IN ERLANGEN

Climbing

The Siemens Sports and Recreation Center offers climbing courses for beginners and advanced climbers on a 140 m² outdoor climbing wall. After registering for the use of the Sports and Recreation Center, you can sign up for the climbing courses. Participation in the courses also requires the payment of the annual fee.

Please note that registration-required courses are personal and cannot be transferred to others. We do not offer trial sessions.

 Click on the underlined course name for a detailed course description

Course Name	Course ID	Dates	Time	Sessions	Level	Location	Fees (plus annual fee)
<u>Open Climbing Season Pass (Minimum Age 14) NEW</u>	SO25-KL-MO1700-1-MS	Mon., May 5, 2025 – Sept. 15, 2025 (no class on June 9)	5:00 – 8:00 PM	20	B/A	Outdoor Climbing Wall	€ 150.00
<u>Top-Rope Beginner Course (Minimum Age 14)</u>	SO25-KL-GT-MI1700-1-MS	Wed., May 7, 2025 – June 18, 2025	5:00 – 6:30 PM	7	B	Outdoor Climbing Wall	€ 40.00
<u>Top-Rope Beginner Course (Minimum Age 14)</u>	SO25-KL-GT-DO1830-1-MS	Thu., May 8, 2025 – July 3, 2025 (no class on May 29, June 19)	6:30 – 8:00 PM	7	B	Outdoor Climbing Wall	€ 40.00
<u>Top-Rope Beginner Course (Minimum Age 14)</u>	SO25-KL-GT-DI1700-1-MS	Tue., July 15, 2025 – Aug. 26, 2025	5:00 – 6:30 PM	7	B	Outdoor Climbing Wall	€ 40.00
<u>Top-Rope Beginner Course (Minimum Age 14)</u>	SO25-KL-GT-MI1830-1-MS	Wed., July 16, 2025 – Aug. 27, 2025	6:30 – 8:00 PM	7	B	Outdoor Climbing Wall	€ 40.00
<u>Top-Rope Beginner Course (Minimum Age 14)</u>	SO25-KL-GT-DI1830-1-MS	Tue., Sept. 9, 2025 – Oct. 21, 2025	6:30 – 8:00 PM	7	B	Outdoor Climbing Wall	€ 40.00
<u>Top-Rope Beginner Course (Minimum Age 14)</u>	SO24-KL-GT-DO1700-1-MS	Thu., Sept. 11, 2025 – Oct. 23, 2025	5:00 – 6:30 PM	7	B	Outdoor Climbing Wall	€ 40.00
<u>Lead Climbing Progression Course (Minimum Age 14)</u>	SO25-KL-AV-DI1830-1-MS	Tue., May 6, 2025 – June 17, 2025	6:30 – 8:00 PM	7	B/A	Outdoor Climbing Wall	€ 40.00
<u>Lead Climbing Progression Course (Minimum Age 14)</u>	SO25-KL-AV-DO1700-1-MS	Thu., May 8, 2025 – July 3, 2025 (no class on May 29, June 19)	5:00 – 6:30 PM	7	B/A	Outdoor Climbing Wall	€ 40.00
<u>Lead Climbing Progression Course (Minimum Age 14)</u>	SO25-KL-AV-MI1700-1-MS	Wed., July 16, 2025 – Aug. 27, 2025	5:00 – 6:30 PM	7	B/A	Outdoor Climbing Wall	€ 40.00
<u>Lead Climbing Progression Course (Minimum Age 14)</u>	SO25-KL-AV-DO1830-1-MS	Thu., July 17, 2025 – Aug. 28, 2025	6:30 – 8:00 PM	7	B/A	Outdoor Climbing Wall	€ 40.00
<u>Lead Climbing Progression Course (Minimum Age 14)</u>	SO25-KL-AV-DI1700-1-MS	Tue., Sept. 9, 2025 – Oct. 21, 2025	5:00 – 6:30 PM	7	B/A	Outdoor Climbing Wall	€ 40.00
<u>Lead Climbing Progression Course (Minimum Age 14)</u>	SO25-KL-AV-MI1830-1-MS	Wed., Sept. 10, 2025 – Oct. 22, 2025	6:30 – 8:00 PM	7	B/A	Outdoor Climbing Wall	€ 40.00
<u>Advanced Climbing Technique Course (Minimum Age 14)</u>	SO25-KL-FT-DI1700-1-MS	Tue., May 6, 2025 – June 17, 2025	5:00 – 6:30 PM	7	A	Outdoor Climbing Wall	€ 40.00
<u>Advanced Climbing Technique Course (Minimum Age 14)</u>	SO25-KL-FT-MI1830-1-MS	Wed., May 7, 2025 – June 18, 2025	6:30 – 8:00 PM	7	A	Outdoor Climbing Wall	€ 40.00
<u>Advanced Climbing Technique Course (Minimum Age 14)</u>	SO25-KL-FT-DI1830-1-MS	Tue., July 15, 2025 – Aug. 26, 2025	6:30 – 8:00 PM	7	A	Outdoor Climbing Wall	€ 40.00
<u>Advanced Climbing Technique Course (Minimum Age 14)</u>	SO25-KL-FT-DO1700-1-MS	Thu., July 17, 2025 – Aug. 28, 2025	5:00 – 6:30 PM	7	A	Outdoor Climbing Wall	€ 40.00
<u>Advanced Climbing Technique Course (Minimum Age 14)</u>	SO25-KL-FT-MI1700-1-MS	Wed., Sept. 10, 2025 – Oct. 22, 2025	5:00 – 6:30 PM	7	A	Outdoor Climbing Wall	€ 40.00
<u>Advanced Climbing Technique Course (Minimum Age 14)</u>	SO25-KL-FT-DO1830-1-MS	Thu., Sept. 11, 2025 – Oct. 23, 2025	6:30 – 8:00 PM	7	A	Outdoor Climbing Wall	€ 40.00

SPORTS AND HEALTH PROGRAMS IN ERLANGEN

Bouldering

The Siemens Sports and Recreation Center, in cooperation with the bouldering gym Der Steinbock in Erlangen, offers bouldering courses for employees. After registering for access to the Sports and Recreation Center, you can sign up for bouldering courses. Participation in the courses also requires payment of the annual fee.

Additionally, a rental fee of € 24 per person per course applies for climbing shoes, which must be paid directly at the bouldering gym. Please note that all registered courses are personal and cannot be transferred to others. We do not offer trial sessions.

 Click on the underlined course name for a detailed course description

Course Name	Course ID	Dates	Time	Sessions	Level	Location	Fees (plus annual fee)
<u>Bouldering for Employees</u>	SO25-BL-MO1830-1-DB	Mon., April 28 – July 28, 2025 (no class on June 9, June 16)	6:30 – 7:30 PM	12	B/A	Der Steinbock Bouldering Gym, Bierlachweg 45, Erlangen	€ 84.00
<u>Bouldering for Employees</u>	SO25-BL-MI1100-1-DB	Wed., April 30 – July 30, 2025 (no class on June 11, June 18)	11:00 AM – 12:00 PM	12	A	Der Steinbock Bouldering Gym, Bierlachweg 45, Erlangen	€ 84.00
<u>Bouldering for Employees</u>	SO25-BL-MI1830-1-DB	Wed., April 30 – July 30, 2025 (no class on June 11, June 18)	6:30 – 7:30 PM	12	B/A	Der Steinbock Bouldering Gym, Bierlachweg 45, Erlangen	€ 84.00